



Barnesbury Cycling Club

Est. 1923



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Affiliated to: British Cycling, Northumberland & Durham Cycling Association and Cycling Time Trials

# Barnesbury CC

## Hilly 21

# Saturday 1st April 2023

Course: M21

**First Rider: 12:01**

**Time Keepers: Sharon Dyson & Ray Lockett**

Event Secretary: Brian Bayne

[brian.bayne@barnesbury-cc.co.uk](mailto:brian.bayne@barnesbury-cc.co.uk)

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**Promoted for and on behalf of Cycling  
Time Trials under their rules and  
regulations.**



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## **Important**

New national rules, and one local rule you must be aware of.

- Working FRONT AND REAR lights MUST be fitted to your bike.  
No lights – no ride.
- Hard-shell helmets are now mandatory for all riders – no lid, no ride.
- District Regulation re Right Hand Turns (T-Junction off the B6343 on the return leg, and the RHT turn at Scots Gap. You must not cut the corner when turning. 4 riders were disqualified last year for breaking this rule.



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## Headquarters

Belsay School NE20 0ET.

## Parking

There is very little parking in Belsay and we advise all riders to ride to the start or to be dropped off/collected away from Belsay. **DO NOT PARK** in BELSAY, on the course or anywhere that would be a hazard or inconvenience anyone.

Limited parking is available at Belsay School

**DO NOT** park on grass verges and take care not to block drives.

Please use the litter bin provided for drinks and gels etc. No rubbish to be left on the course. If you do decide to drive to near the event, ensure any vehicles are parked safely and without hindrance to other road users. CTT advise no parking on verges.

## Signing on and off

Each rider must sign the sign-on sheet before collecting the designated number. Each rider must sign for themselves and nobody else. Once the course has been completed, riders must sign off. Failure to do so **WILL** result in disqualification. Any juniors, who have not completed a parental consent form, must do so before signing on.

Sign on will be open from 11am.

**CTT regulations state that all competitors MUST SIGN OFF. Failure to do this will result in a DNF.**

## Results

Provisional results will be posted on the Barnesbury website after the event: <http://barnesbury-cc.co.uk/events/2023/detail/2433/Hilly-21> & [CTT](#) in due course.



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## Course and Rider Information

### Safety notes:

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.

### Riders:

- Take extra care at road junctions, and particularly those when turning right.
- No U-turns to be made in the vicinity of the timekeeper.
- GENERAL RIDER SAFETY NOTE:
  - Road surface conditions may change depending on the season, weather or condition of the road. It is the riders' responsibility to ride in such a manner that allows them to ride safely and with consideration to other road users at all times
- Head down riding is dangerous.
- It is the responsibility of the rider to check the Risk Assessment on the day to be aware of any extra hazards or changes they should be aware of.
- Every Competitor MUST have, fixed to their machine, both a front and rear facing, working light. These must be clearly visible (Regulation 14)
- Every rider MUST wear a helmet that conforms to current Safety Standards (Regulation 15) and it is their responsibility to ensure it fits correctly and is in good condition/undamaged.

## New District Regulation re Right Hand Turns

Riders shall not cut corners at right-hand turn junctions on courses i.e. they must observe road markings and not move to the right-hand side of the road being turned out of or in to. Any rider reported not following this District Regulation shall automatically be disqualified from the event.

Start at Belsay on unclassified road 200m north of junction of A696 and B6524.

Proceed north on unclassified road via Bolam Lake to junction with B6343 (6.4 miles).



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Turn left to Scots Gap taking the first right onto unclassified road to Rothley Cross Roads (9 miles). TAKE CARE at right turn to look up for oncoming traffic.

At Rothley Cross Roads turn left onto B6342 to Cambo where left onto B6343 to Scots Gap.

Continue along B6343 to first turn right TAKE CARE at right turn to look up for oncoming traffic onto unclassified road in direction of Belsay to finish opposite start.

## **Safety Notes**

This course is set in beautiful countryside; however, it is challenging to even the most experienced riders with high speed descents, some poor road surfaces and early season weather conditions.

Riders should obey the highway code at all times and in particular not cut corners or takes risks with control of their bike on steep/long descents and into corners.

In addition to their personal safety riders also have a responsibility to the sport to ride in both a fair and safe manner.

Safety information and on the day risk assessment will be available when you sign in for the race and an experienced club member will be available for younger riders and novices to discuss any concerns about the course and conditions.

You are advised that:

- No U-Turns are to be made in the vicinity of the timekeeper and no dismounting in the finishing area.



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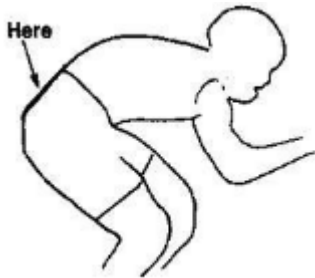


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- Take extra care at road junctions and particularly at the T-junction for Scots Gap and the right turn for Rothley Cross Roads.
- No cutting corners or crossing white lines – if witnessed by an official you will be disqualified.
- Head up and watch out for potholes and oncoming traffic.
- TAKE GREAT CARE ON THE DESCENT AND CLIMB OF MIDDLETON BANK
- You are responsible for navigating the course – familiarise yourself with the course – a map is available on the CTT website

## Riders

To assist the timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations noted below. If your number is too high, the Time Keepers will not be able to see it. “The number shall be centrally positioned



below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown.”

If the timekeepers cannot see your number clearly by being too high or obscured by outer garment such as a gilet, your time may not be recorded resulting in a DNF.